

Dear Parents,

You may remember the news of the young man whose heart stopped when he was playing football this fall at Central Catholic. David Heller was a Central Catholic student-athlete who died in his sleep from a heart problem. Many times these events happen in healthy young people, because there's been no reason to check it out, or do ECG, etc.

This is a great opportunity to get peace of mind about your child's heart health! It's VERY reasonably priced and important information.

Thank you,  
Lebby Gibovac

## Teen Athlete Cardiac Screening

### Don't miss this important event!

Our Teen Athlete Cardiac Screening is offered annually to student athletes ages 13-19. This includes ECG electrocardiogram, height, weight, body mass index (BMI) and cardiac physical exam.

The screening is performed by cardiologists, pediatricians, ECG technicians, nurses and other health care providers and takes about an hour.

Results are received at the screening, with any questions answered on site, by the physicians and nurses who volunteer for this event.

**Cost: \$10** Preregistration is required.  
**Registration opens March 1, 2011.**

Call **503-335-3500** or **360-487-3500** (WA) or e-mail **lrs@lhs.org** to be placed on our notification list.

Participants must be accompanied by a parent or guardian.

### *Save the date!*

**Saturday, April 30, 2011**

Memorial Coliseum, Portland, Oregon

### *Sponsored by:*

The Children's Heart Program

### *Funded by:*

The Children's Hospital Foundation

David Heller Foundation

[www.davidhellerfoundation.org](http://www.davidhellerfoundation.org)

[www.legacyhealth.org/TACS](http://www.legacyhealth.org/TACS)



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